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Dunedoo Central School NEWSLETTER

14 November 2011 (Week 2 Secondary Timetable)



UPCOMING EVENTS

Week 6

Monday, 14 November

- Personal Development Talk, Yrs 5, 6 & 7
- Yearly Exams commence, Years 7, 8 & 9

Tuesday, 15 November

- Year 6 transition into Year 7 2012, 9am to 1.30pm

Wednesday, 16 November

- Student Forum, Sydney

Thursday, 17 November

- Earlybirds, 1.30pm - 3pm
- Lynn Brydon's farewell dinner
- Student Forum, Sydney
- Year 3 Hostel/Hospital visit

Friday, 18 November

- Horticultural Program, Year 9

Week 7

Monday, 21 November

Tuesday, 22 November

Wednesday, 23 November

Thursday, 24 November

- Earlybirds, full day
- Secondary ACE excursion, Dubbo
- P&C Meeting, 7.30pm, Library, all welcome!

Friday, 25 November

- Horticultural Program, Year 9
- Tri School Indoor Soccer

PRINCIPALS NEWS

Hello everyone. Congratulations to Keith Turner and his committee for organising a very touching Remembrance Day service at the Cenotaph on Friday. Our SRC students were impressed by the significance of the 30 planted trees and how those very brave men from Dunedoo gave their lives to keep our country free from the impact of overseas aggressors. The fact is those 30 men never returned home but are in graves situated in many different sites in Belgium, France and Britain.

Our school Remembrance Day Ceremony was also very well received by students and staff. Thank you to our Infants students for making enough poppies for everyone.

The Earlybirds Kindergarten orientation was once again inspirational and informative. Mrs Abbott outlined to a packed-house of parents the expectations and requirements for Kindergarten students of the 21st Century. It was nice to be able to chat to so many parents and discuss the prospects for their children as well as the future developments of our school.

Congratulations to the primary students who participated in the excursion to Lake Burrendong. Your teachers were very impressed with your behaviour and your willingness to attempt new challenges. Students had the opportunity to try archery, kayaking, BMX, low rope challenges as well as raft building. The many problem solving activities encouraged great thinking and the physical challenges meant that every child became

fitter and stronger. Thank you to Mr Elith, Mrs Abbott, Miss Rhodes and Mrs Leeson for accompanying the students and Mrs Bampton for ensuring they had a very worthwhile and enjoyable camp.

Our Duke of Edinburgh group also had a great camp and rehearsal for their major challenge in three week's time. Mr Neal and Miss Hayes said the students enjoyed the challenges of Dunns Swamp and learnt so much about the power of teamwork. Mrs Cooke, Principal of Redhill EEC, designed an array of challenging team-building tasks.

I have heard that the P&C ladies afternoon was once again enjoyed by all who attended. Thank you to everyone who came along and made this a fun afternoon and also a big thank you to all of our stall holders. Thank you to the P&C Committee for all your hard work.

Welcome back Year 11 from your escapade in the bush. I believe you all want a tent for Xmas. I know from my own experiences that, despite the bravado, it is always nice to return home from a camping trip and sleep in your own bed.



Year 11 students, Outdoor Rec Camp at Lithgow

This week, the following events take place: Years 7 – 9 Yearly Exams, Year 6 into 7 Orientation Day, Lynn Brydon's farewell, the Student Forum in Sydney and Earlybirds. Enjoy your week.

Mr Peter Campbell, Principal

**YEARLY EXAMS FOR
YEARS 7, 8 & 9
COMMENCED TODAY**



PRIMARY EXCURSION 2011 - LAKE BURRENDONG



Dunedin Central School Award Night

Dear Parents, Carers, Friends and Family,

You are cordially invited to attend our annual school Award Night, which will take place in our school hall on Tuesday, 6th December 2011, commencing at 7.00pm.

Our annual school Award Night is an opportunity to recognise all the students who have worked hard throughout the year to maintain a high level of academic achievement, as well as success in cultural, sporting and other school events throughout the 2011 school year.

We look forward to seeing you at Award Night supporting the students of our school.

Peter Campbell
Principal

INFANTS IN FOCUS

KINDER, YEAR 1 & YEAR 2

- ☺ Included in this weeks Newsletter is a survey regarding the “Infants Intensive Swimming” program. It would be appreciated if all parents could complete this survey and return to the Front Office ASAP. *Mrs M Abbott*

Kindergarten: Welcome to week 6, another busy week for all at DCS. In Jolly Phonics we are using our knowledge of blends and medial sounds to write words such as moon, clap, road etc. and our shared big book is “At the Zoo”. In maths our topics are division by grouping, number patterns and digital times. As part of our HSIE unit “Workers in the Community” we will be looking at the roles and responsibilities at DCS e.g. Library, Canteen, Principal, staff etc. The following week we are planning a trip down town on Tuesday to visit the Butcher to see how sausages are made and on Wednesday we will visit Dr Fergusson who has kindly offered to take us through the hospital explaining the jobs that people do there. We welcome the Early Birds back to our classroom this Thursday afternoon which should be great fun and we will again be having touch football for sport. Please continue to read and revise your sight words. Congratulations to Hallie Hogden our student of the week and to Harry Rookyard and Dally Caldwell who received merit certificates. **Mrs Yeo**

YEAR 1/2: This week in PDHPE we will discuss water safety. We had a quick discussion in news time about staying safe in and around water, where it was revealed that most in the class believe that they **would not** drown. The reasons were varied “we can swim now”, “our sisters and brothers are little- they are the only ones that could drown” and/or “you only see this on TV”. We will continue to have a serious discussion in regards to this topic.

This week we begin to make our Christmas displays, its only a few weeks to Christmas and we will be learning some Christmas songs along the way.

Year 1 Homework: We continue our ‘ur’ sound words e.g. turn, turkey etc. In maths this week we are again looking at groups of as well as those tricky flip, slide and turn patterns with shapes!

I hope that you have a good week. **Mrs Sue Lavender**

YEAR 2: *Mrs L. O’Brien*

PRIMARY NEWS

Years 3, 4, 5 & 6

- ☺ Thanks to all parents who supported the Primary Excursion last week.
- ☺ **Primary Swimming will start this Friday for sport.** All students will need to return their permission notes immediately.
- ☺ ACE awards finish this week.
- ☺ Our schedule for reporting to parents will be as follows: Semester 2 School Reports to parents - 6th December and Parent Teacher Interviews - 13th December.
- ☺ The DCS Awards night will be held on Tuesday 6th of December 2011, all welcome.
- ☺ Please send in notes for absences and out of uniform reasons as quickly as possible.
- ☺ Please check your child’s hair for nits on a regular basis.
- ☺ Our school policy on Sun Protection is now in force again and students must have a hat at school for outside play. Please ensure your child has a hat and a drink bottle for school.
- ☺ Communication is important to both teachers and parents. Please make the connection.
- ☺ Don’t forget “Crunch and Sip” for your child. We hope to get all students doing it, so we can register our school as a “Crunch and Sip” school. **Mr David Elith, Assistant Principal Primary**

Year 2/3: Welcome back from camp! Those who stayed behind enjoyed combining with Years 4/5/6 and all were well behaved. We are very proud of Nakita, Anthony and Jayden for their efforts in the Remembrance Ceremony last Friday.

News this week is local. Homework will be due back to school by Thursday. This Thursday year 3 students will once again visit our friends at the hostel/hospital. **Mrs Elith**

PRIMARY NEWS

Continued

Year 4:

- ♦ Well done to all those who went on camp last week.
- ♦ Well done to those who stayed at school and helped Mrs Elith.
- ♦ Our class ACE system will continue in class for the rest of the year.
- ♦ Our Bike Education days at school will be next week, Monday and Tuesday. Students may leave bikes overnight. Those without bikes will participate in other safety lessons. They all need a bike (roadworthy) and helmet for these two days. Mr David Elith

Year 5/6: Welcome to week 6. We all had a lovely time on the excursion. I would like to introduce Miss Brooke Lynch who will be joining our class for the next three weeks. Brooke is studying at Newcastle University and is in her 3rd year. Miss Lynch is a past student of DCS.

This week year 5 spelling words have the suffixes—age, ible and able e.g. courage, terrible, suitable. Year 6 words all begin with the prefix inter e.g. interact, intersect. In maths this week both classes will complete their Term 4 Diagnostic Review. We will also be completing some fun games.

Our "Girl" and "Boy" talks with Mrs Wendy Inder were very successful and I hope informative. It would be a good time for parents/carers to continue these talks at home.

All year 6 students will be involved with the 6 into 7 Orientation day tomorrow from 9.00am to 1.30pm. Homework Centre is on Wednesday 3pm - 4pm. All Year 5/6 children are welcome. Have a great week.

Mrs Maria Abbott

INFANTS/PRIMARY IMPORTANT DATES FOR TERM 4, 2011:

Year 6 into Year 7 2012, Orientation Day - 15th November, 9am - 1.30pm

Early Birds, Kindergarten 2012 - 17th November, 1.30pm - 3pm

Early Birds, Kindergarten 2012 - 24th November, full day

Early Birds, Kindergarten 2012 - 1st December, full day

Scripture Concert - 2nd December 9am, DCS Hall, everyone welcome

Award Night - 6th December

Disco - 8th December

Reports to Parents - 9th December

Parent Teacher Interviews - 13th December

Last Day of Term 4 2011 - Friday 16th December 2011

~ P&C Meeting ~

Please note a change of date for our next P&C Meeting to Thursday, 24th November 2011 in our School Library @ 7.30pm



Points for Discussion will be:

Evaluation of Ladies Evening, Uniform, Deb Ball and much, much more....

As this will be our last meeting for the year, please come along and join us for some Pre-Christmas Refreshments & Nibbles.

Merry Christmas



Year 6 into 7 - 2012

Orientation



Please note the following dates for Year 6 into Year 7 orientation:-

Tuesday, 15th November - Orientation day from 9.00am to 1.30pm

Thursday, 8th December - 6.30pm a BBQ dinner for students and parents.

Following the BBQ students are invited to attend the secondary Disco commencing at 8.00pm.

Further enquiries to the school on 6375 1489.



EARLYBIRDS



KINDERGARTEN 2012

Earlybirds will run on the following Thursdays (children only):

Thursday, 17th November 2011 **1.30pm – 3.00pm**
(children to arrive between 1.00pm - 1.30pm).

Thursday, 24th November 2011 **9.00am – 3.00pm**

Thursday, 1st December 2011 **9.00am – 3.00pm**



NOTE: On the two full days (24th Nov and 1st Dec), children will need to bring with them their recess, lunch, drink and a hat. Canteen will be available.

If you have any enquiries please do not hesitate to contact the front office on 6375 1489

INFANTS INTENSIVE SWIMMING SURVEY

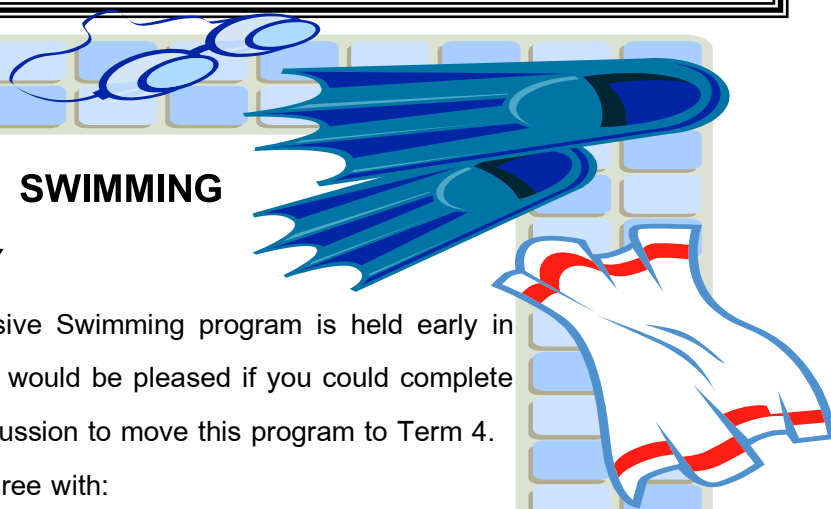
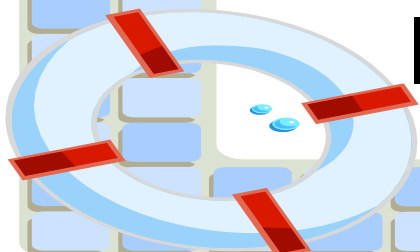
In previous years the Infants Intensive Swimming program is held early in Term 1 for all Infants students. We would be pleased if you could complete the following survey, as there is discussion to move this program to Term 4.

Please tick the box that you most agree with:

Term 1, 2012 **OR**

Term 4, 2012

Please return to the Front Office by end of this week (18/11/11)



Primary Excursion Report

The excursion to Lake Burrendong was fabulous. A huge thank you to Mel Bampton for all her work in organising everything and to Mr Elith and Miss Rhodes for accompanying the children. The children's behaviour was mostly great (the 1st night was rather trying with some children not wanting to go to sleep until 1am!!). Food was yummy and accommodation comfortable.



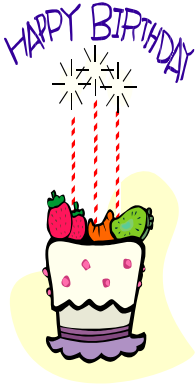
INFANTS & PRIMARY AWARDS

Student of the Week

K	Hallie Hogden	Fantastic spelling and reading
1/2	Tayla O'Malley	Consistent effort in all areas of school
2/3	Sydney Kensit	Helpful, kind, enthusiastic and excellent worker

Merit & Special Awards

K	Harry Rookyard	Great work in maths
K	Dally Caldwell	Improvement in reading
1/2	Dylan Martin	Improved effort in reading
1/2	Tayla O'Malley	Citizenship
2/3	Taylah Kelly	Effort in class
2/3	Kye Woodward	Effort in class



HAPPY BIRTHDAY

Wishing you all a great day!

Karly Green, 7	15 November	Kinder
Jessica Gardiner, 14	16 November	Year 8
<i>And staff.....</i>		
Lindy Piper	20 November	



Farewell Dinner for Lynn Brydon

The DCS Staff and P&C Committee would like to invite all members of the school community to Lynn's farewell to be held at 7.00pm on Thursday 17th November 2011 at the Dunedoo Bowling Club.

Cost: \$20.00 per person.

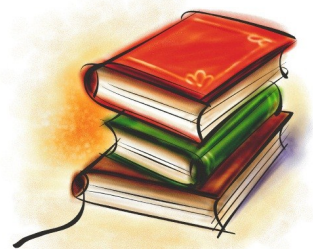
Please RSVP to the Front Office on 63751489 before the 14/11/11.

Just a friendly reminder that supervision at our school doesn't commence until 8:30am. It is in the interest of safety, that students are not delivered to school before this time. If you wish to discuss this matter, please don't hesitate to contact the school.

LIBRARY REPORT

Welcome to another busy week in the library. Kindergarten to Year 3 will be listening to *Alexander and the Terrible, Horrible, No Good, Very Bad Day*. New books are being processed every day. Come and see us for the new Andy Griffiths, the latest Skulduggery Pleasant, House of Night and Percy Jackson! Next week is the last week for borrowing. Please look for your overdue items and textbooks.

Mrs E Abbott



YEAR 12 GRAD PHOTOS

Photos will now be back Friday, 25th November at the Front Office.

SECONDARY NEWS

YEARLY EXAMS

YRS 7, 8 & 9

Will be commence today:

Monday 14th November 2011

copy of timetable attached.

7/8 Food TAS: This week is a major week for Food Tassies. You will each do your presentation on **Wednesday** 16th November. Good luck!

8 Visual Arts: "Signs and Symbols" is the final Visual Arts unit for year 8. We brainstormed all the various signs and symbols found in our society,

then focussed on road signs, their colours, shape and meaning. Our practical work will use a medium (paint, texta, pencil etc) of the "artists" choice and the subject will be road signs. Don't forget open book yearly exam on Friday, then I'm collecting books to mark!

10 Work Education: Most students now have an idea as to where they are doing Work Experience-WEEK 8. Forms/booklets to employer and parents will go home this week. **Community interviews will take place next week.**

Year 9 Horticulture Program: It should be noted that all students are expected to be participating in this course, any absences require a note of explanation to the front office.

Year 11 TVET Outdoor Recreation Course: Have returned with great stories of feats achieved, food prepared and each others idiosyncrasies! No doubt all will have enjoyed their own bed last night after significantly depleting refrigerators! Enjoy the week, *Mrs Fergusson.*

YEAR 11 - OUTDOOR REC CAMP

The journey began with the long and boring drive to Lithgow Tafe, where we met our instructors Owain and Mic for the first 3 days. We were split into different groups to prepare ourselves for the next 3 days.

Then we drove to the first campsite Glenroy, where we set up camp.

Woke up at 6:00 to have breakfast, prepare lunch and get our gear ready for the day canyoning. We drove the bus out to Birrabang canyon. We put on our wet suits and walked through a 6km knee deep river through the canyon then the 58.8° walk back up to the bus.

The next day was even harder because we were being assessed. This was in Dalpurra canyon, this canyon was prettier with more vegetation and a big swimming hole at the end and the water was 6°C. The walk out of this canyon was easier and shorter.

The next day we packed up our camp, loaded the trailer and bus and then went back to Tafe where we re-stocked food, changed equipment, picked up our canoes and got new instructors. We travelled to Dunn Swamp, unpacked and set up camp.

This day we spent learning, practising and learning new skills. We had to capsizes, emergency stop, rudder stroke and paddling. After dinner we went for a walk to a lookout on top of the Pagoda's (big rocks). It started pouring with rain and everything became soaked, Elmo even had a shower under the tarp.

This day we packed lunch ready for a long trip to the dam wall. We arrived at the wall ate lunch, looked around and canoed back again. When we arrived back at camp we were informed that we were going on an expedition. We weren't too happy about this. We packed the cones brim full and rowed ten minutes up stream and set up camp again. Jake and Elmo were unsuccessful in catching a possum to their disappointment.

We pack our canoes once more to travel back to the camp site then packed the bus and took the bus back to Lithgow Tafe. We packed more food, equipment and got new and old instructors. Allie and Mic. Went back to Glenroy and set up camp for the last time.

Today was the first of two days of rock climbing. We travelled to Mt York where Allie and Mic rigged the climbs. We learnt the acronym ABCDEFG A=Anchor, B=Belts and buckles, C=connections and knots, D=Device, E=everything else, F=Friends and flop and G is for GO. We got straight into it. It was an awesome day with no injuries.

Second last day yay. We went to a different cliff which was harder than the previous days climb. We were assessed on our skills. By the end of the day we were all stuffed.

Day ten AAWWW YYEEERRR. We packed everything went in to Tafe, unpacked everything, cleaned and did an

SECONDARY YEARLY EXAM TIMETABLE

Commence **today** (Monday 14th November 2011)

Year 7

	Monday	Tuesday	Wednesday	Thursday	Friday
1		PDHPE 9			English 14
2					
3					Science L
4	Maths 9				
5	Maths 9				
6				Geography 15	

Year 8

	Monday	Tuesday	Wednesday	Thursday
1				English 14
2		Maths 9	History 15	
3		Maths 9		
4	Indonesian 8			
5				
6				

Year 9

	Monday	Tuesday	Wednesday	Thursday
1			History 15	
2	Maths 8	Engineering 8		English 13
3			Science 13	
4	Maths 8			Geography 15
5		Industrial Tech / PASS L		
6				Ag/IST/Food Tech 9

CANTEEN NEWS

- ⇒ Hello for another week.
- ⇒ Quiche and salads are proving to be popular so I will continue them on the menu.
- ⇒ Another addition is ham, grated cheese and salad in a tub for \$3.00 as well as chicken, grated cheese and salad for \$3.00. Plain salad in the same size tub is also available for \$2.00.
- ⇒ Specials are: Fruit Salad in tub \$2.50, various premade sandwiches available for recess and lunch are marked on a specials board. To avoid disappointment order by recess to ensure you get your chosen item. Big M flavoured milk for \$1.30 are a popular item, as is the 150ml screw top of plain milk for 70c. Please encourage your children to buy these items as they are great nutrition for growing bodies.
- ⇒ A big thank you to my volunteers for the week and for the supportive feedback by all.
- ⇒ Please return orders for uniform by Wednesday.
- ⇒ Any concerns or feed back, please don't hesitate to contact me. **Thanks - Jenny Farley**

CANTEEN ROSTER TERM 4

14/11	B Fergusson	21/11	Nick
15/11	D Stanford	22/11	Help Needed
16/11	Help Needed	23/11	M Henderson
17/11	Help Needed	24/11	Help Needed
18/11	A Wright	25/11	P Squire

BREAKFAST CLUB



Held every Wednesday morning in the Food Tech room - everyone welcome to attend!

SPONSORS: Dunedoo Bakery: Barry & Helen Norris, Dunedoo Fruit & Veg Bowl: Lyn Kearney, The local milkman - David Grant, Dunedoo Fivestar Supermarket - Trish Booth, Red Cross Dubbo - corn-flakes, weetbix, marmite and honey. Families for donations of eggs when able. Thankyou for generously supporting our Breakfast Club. Without this support our Breakfast Club would not be possible. Thank you!

Live Outside the Box

Reading Food Labels - Part 3 - The nutrition information panel

We have used an example of a breakfast cereal that is low in fat, sugar and salt and a good source of fibre. Use the handy hints below when reading labels of other products.

Nutrition Information			Hints
Serving per pack: 2 Serving size: 30g			The serving size is the average serving of the product - it may not be your serving size
	Per serve	Per 100g	The Per 100g column is useful to compare similar products
Energy	420kj	1400kj	
Protein	3g	10g	
Fat			Looking for products with less than 10g fat/100g and less than 3g of saturated fats/100g. If fat is more than 10g/100g, only chose foods that contain other nutrients. For example, dairy products or avocado.
Total	0.6g	0g	
Saturated	0g	0g	
Carbohydrate			Total carbohydrate = simple sugars and starch.
Total	24g	80g	Sugars tell you how much of the total carbohydrate is sugar.
Sugars	3g	10g	Choose foods with less than 15g sugar/100g.
Sodium	75mg	250mg	Try to choose foods that are low in salt, that have less than 120mg sodium/100g
Fibre	3g	11g	Choose foods with at least 3g fibre/100g

Oriental Fried Noodle Salad

Ingredients

½ - 1 Chinese cabbage or savoy cabbage, shredded finely
6 green onions, chopped into 5mm lengths
100g lightly roasted slivered almonds or pinenuts
1 packet Chang's Fried Noodles (Original or Onion Flavoured)

Dressing:

¼ cup white vinegar
¼ cup caster sugar
1 tblsp Chang's Soy Sauce
2 tspns Chang's Sesame Oil (optional)
½ cup olive oil

Method

Combine all the dressing ingredients in a saucepan. Stir well over low heat until sugar is dissolved. Cool. Toss the cabbage, chopped green onions and almonds in a salad bowl. Add dressing and mix well. Just before serving add the noodles and toss thoroughly. To make an even more delicious salad, add shredded BBQ chicken or BBQ Pork.

RECIPE
OF THE
WEEK



Sparkling Christmas Disco

THURSDAY 8th December

DCS Hall

Infants & Primary Disco: 6 - 8pm

Secondary: 8 - 10.30pm

Canteen Available

\$3 per student or \$7 per family

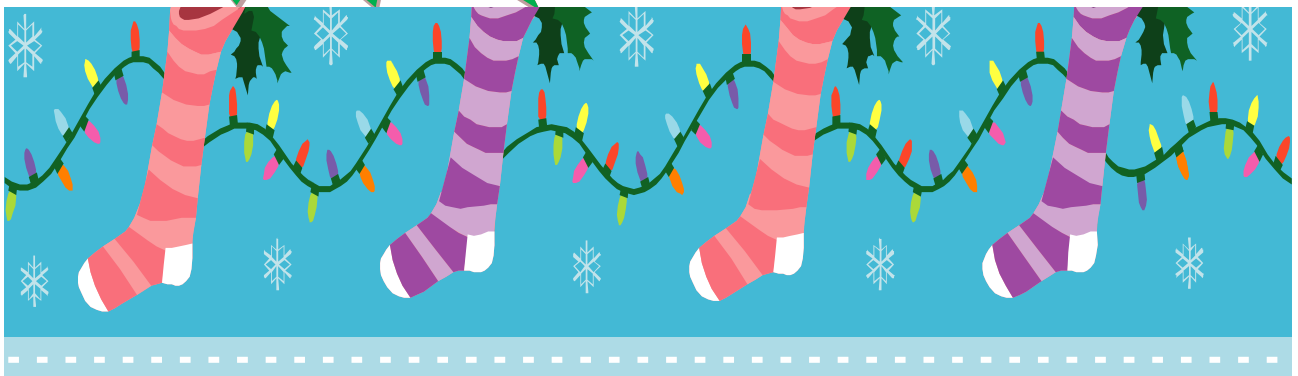


PRESCHOOL CHILDREN
STARTING SCHOOL IN
2012 ARE INVITED TO
ATTEND THE INFANTS
DISCO!



Dress up in your
favourite
Christmas outfit or
simply SPARKLE
on the night!

Year 6 students are
invited to attend the
Secondary disco!



Community News

Dunedoo Touch Football

Junior Touch Football: *Every Wednesday, 5pm at the Sports Club.
Please pack a hat and water bottle.*

SENIOR TOUCH - ROUND 5: Wednesday 16 November 2011

6.00pm	Sports Club -v- Sullivans	Todd Gallagher, Matt O'Leary & Kate Gallagher
6.00pm	Bezzy's Bulldogs -v- Wog Rock	Mark Yeo, Kerrin O'Malley & Effie Fergusson
6.45pm	DRH -v- Elong Runaways	Daniel Trengove, Ethan Adams & Rachael Hogden
6.45pm	Pumped Up Wood -v- Ladies & Gents	Mark Fitzgerald, Jacob Besgrove & Lucy Besgrove
Duty Team:	Elong Runaways	

Children, Parents, Grandparents and Friends of DCS are invited to a special Scripture Advent Service. The Children will be singing songs they have learnt in their Scripture class. There will be a free sausage sizzle provided afterwards.

When: Tuesday 22nd November

Time: 6.00pm

Where: St. Michaels Catholic Church

Supported by combined Churches of Dunedoo in preparation for Christmas.



AUSTRALIA'S GOT TALENT

Open Auditions - Dubbo

Sunday 27th November 2011

Dubbo RSL Club Resort

Cnr Brisbane & Wingewarra Sts, Dubbo

Registration 9am - 4pm

SWIMMING CLUB

- ⇒ Training will be held every Tuesday and Wednesday at 3.30pm.
- ⇒ Timetrials will be held every Thursday at 6pm. Make sure you put your name on the board at training for your events at Timetrials.
- ⇒ Remember you must have a season ticket before you can compete in Time trials.

TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or big sister by hosting one of our exceptional international students arriving in Australia in February 2012 for their 5 or 10 month programs. Our international students from France, Germany, Italy, Austria, Japan, Scandinavia and the U.S.A will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501, request our little booklets of international student profiles, and capture the spirit of family and friendship.

JUNIOR TOUCH GALA DAY

Sunday 20th November at Mudgee

Time: 9.30am - 4.00pm

Girls & boys 10's, 12's, 14's, 16's & 18's
Will combine with Coolah to make up teams if needed

Names to Rachael Hogden by midday

Tuesday on 0427 454188