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## Good evening

I came from a family with more love than money. Mum and Dad sacrificed more than I will ever know, so that we never went without. They placed more value in being a family and spending time together than on material possessions. They made hard choices but always with our best interests at heart. They raised me. I am Belinda Fergusson, a daughter, a sister, Stirling's wife, a teacher, a Lion, Mum to three amazing kids, an auntie and a friend.

Each version represents a new beginning, by choice or by chance. I now choose to face and embrace each and every opportunity. That wasn't always the case. I had to learn to make choices, stick by the consequences and adjust if things didn't go my way.

Some of my first memories are of Nyngan Public School: a new uniform, a skipping award, boys shooting me with plasticine guns.

We moved from Nyngan to Carinda. A new school, new uniform, no friends, summer dinners at the pool and my birthday candles melting in the heat before Mum could light them.

From Carinda to Coonamble. A new school, new uniform, no friends, more kids in my class than the whole population of Carinda. From Coonamble to Dunedoo. Same old. same old.

School was a place I loved. I thrived on learning and giving my best. And yet these were the toughest years of my life. At each school I was the butt of jokes, I was teased and I was bullied. These new beginnings were not of my choice. I had no control over where we moved or why we moved, even though it was in the best interests of our family. What I did have a choice over though, was how I reacted to these situations and how I let them affect me. I showed a brave face, I was strong on the outside but scared on the inside. I had a family who stood by me, who knew who I was and what I was. Their opinion was the one that mattered. So little by little I came by ways to get by, ways to cope, ways to let go of the thoughts and actions that hurt me. I think these days we like to refer to that as resilience!

As life moved on, I started making choices about the new beginnings I wanted. On completing Year 12 I was accepted to Uni. Hawkesbury Agricultural College was like nothing I'd ever known. I will admit to being frightened and anxious as Mum & Dad drove off, however I had learnt some fairly important survival skills by always being the new kid on the block. I threw myself into Uni- parties, freedom, lectures. I had the chance to be the first kid in my family to attend Uni, and if Dad had anything to do with it, I'd also finish!

And finish I did, but not without failing subjects in my very first and very last units. Not asking questions or understanding content was my first downfall, and complacency my second. However, I worked hard to overcome these setbacks, rather than letting them define my future. Teaching was the next chapter in my life. Gunnedah, Moree, Coolah, Gulgong and Dunedoo. I love teaching content, but my absolute passion is helping students to realise their capabilities and strengths. To help them gain an understanding of themselves and have the strength and confidence to ask questions and offer their own opinion. I can be quoted as saying "Have a go, you can only be wrong half the time". My teaching career was wonderfully interrupted by marriage and intermittently by the birth of each of our three children. These were my choic-

es, consciously made, somewhat planned. I very clearly remember Stirling proposing. Will you marry me? And instead of saying yes, I said "Are you sure?", because this was one decision I sure had a say over.

Marriage, along with children, brought about another version of me. Stronger, softer, protective, feisty, If I thought I loved teaching, well being a parent was a whole new level of love! You wonder how your heart can be big enough to love firstly your husband, then one child, then two, then three! Let alone 8, Andrew & Caroline!

Life had in a way sort of come full circle-instead of me making decisions for myself, about myself, I now also had to consider my family. And as every parent sitting here knows, the hardest decisions to make are often to do with your children. You agonise, you justify, you deliberate. But you should never make excuses. The same factors that were building and moulding resilience in me back when I was a child were back in use full time.

Parenting is one of the hardest, yet most rewarding jobs you can do. Our responsibility is to care and love-sometimes soft love other times tough love. But the choices you make will have a ripple effect on your children. People say we're lucky to have such wonderful children. Well I beg to differ; luck played no part. Luck is winning the lottery.

As an adult, I have done many things outside my comfort zone, travelling overseas, hosting exchange students, teaching new subjects, taking on challenging community roles. Why-because life was meant to be lived, it provides the opportunity to develop a new set of skills, grow your skills. We can test our limits and capabilities, learn about ourselves. Of course there is always anxiety and trepidation, but having made the choice I am more prepared to face the fear. One step at a time.

I have had my share of adversity-the death of our mum, the Sir Ivan Fire and the on-going dry times. But I have realised that I am a lot stronger than I thought I was. Do I wish some of these things had never happened-of course. But for every action or choice there are consequences. Some huge, others barely noticeable. Would I change where I live because of the fire, no, so I make choices and adjustments so its not so bad.

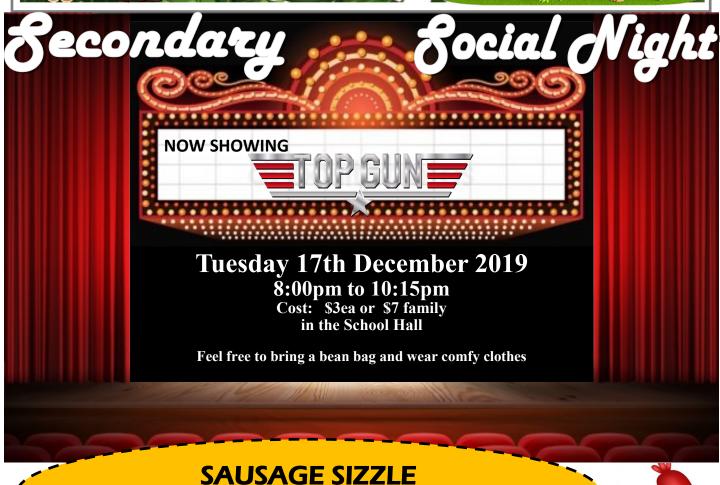
Do I want mum back-yes, but if we had Mum, we would never have had the chance to travel with Dad.

So, the choices you make are yours, they have put you where you are today. Own them, be honest with yourself. Be proud of who you are and what you do.

Forrest's momma always said, "Life is like a box of chocolates. You never know what you're gonna get", will you make the most of what you get?







**AVAILABLE AT BOTH EVENTS** 



Welcome to Week 10, Term 4!

Infants swimming—Thank you to Mr. Kline for organising a great Infants Intensive Swimming program again this year. Thank you also to Sharon Nott, staff, students and parents who all assisted with this very worthwhile program for the students. The carnival on Friday was a great success with all students showing great improvement during the two weeks.

Staff—We will have some changes to our staffing for 2020. Mrs. Belinda Fergusson is retiring from her position as Careers Advisor and Food Technology Teacher. Mr Lachlan Snell is taking the opportunity to further his studies at the UNSW. Mr. Rob Lockett is taking up an English teaching position in Sydney. Mrs. Margaret Scifleet, is taking Long Service Leave for Semester 1. I would like to thank each of these staff members for the many contributions they have made to the students at Dunedoo Central School and I wish them well in their next chapter, whether that be teaching, studying or enjoying a well earned rest. We are very fortunate to have such great staff at Dunedoo Central school.

*P&C*—Last Thursday evening we had our annual P&C Christmas Dinner. This is an opportunity for the school to thank you to the wonderful parents who give up their time to support the students and staff in our school.

I would like to wish everybody a safe and happy Christmas and best wishes for 2020.

Have a great break!

Mrs. Donna Lane Principal

Olympics Unleashed - Suzy Balogh



Suzanne Elspeth (Suzy) Balogh, OAM, is an Australian Olympic Medallist in sport shooting.

Balogh competed at the 2004 Summer Olympics and won a gold medal in Trap. She also competed in the Double Trap event and also competed in the 2002 Commonwealth Games in Manchester where she won a bronze medal, and the 2006 Games in Melbourne, where she won a gold and a bronze in the Trap events.

Suzy reached the final of the women's trap at the 2012 Summer Olympics.

Our students were fortunate enough to meet Suzy as a part of the Olympics Unleashed Program.



## SILSO Citizen, of the Week

AWARDS

## Kylie Brougham

Nominated by Oscar Christensen for being

Dancer of the year when performing Line Dancing with yr. 345G

## Debbie Craggs

Nominated by Hamish Carpenter for

Putting up with Hamish all year.

## Nola Power

Nominated by Yr. 3/4/5S

for

Keeping Mrs. Shephard Organised & under control

## Teena Bezgrove

Nominated by Yr. 3/4/5G

for

Showing kindness & caring for all students & staff

## Belinda Hogden

Nominated by Primary Students

for

Getting in the pool at Primary Sport even when it's freezing cold

## Lisa Johnstone

Nominated by Yr. 6

For

Helping to keep Yr. 6 under control

## Ailsa Watton

Nominated by Infants Students

for

Helping students find a smile when they need it

## Vanessa Stuart

Nominated by Primary Students

for

Surviving the Primary Excursion without going crazy.

## Karen Solberg

Nominated by Infants students

for

Keeping calm amongst the Kindy storm









## **WEEK 10**

## Monday 16th December

SRC end of year Trip to Dubbo

## **Tuesday 17th December**

• Infants/Primary Disco & Secondary Movie Night

## Wednesday 18th December

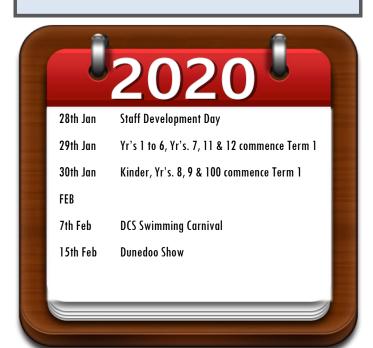
Last day of school for students

## Thursday 19th December

• Staff Development Day

## Friday 20th December

• Staff Development Day





## Canteen

Wish everyone a wonderful Christmas break.

See you in 2020.

Sherri



29th Dec	Jack Deutscher	Yr. 7
30th Dec	Ivy Gale	Yr. 3
30th Dec	Belinda Fergusson	
2020		
1st Jan	Tammy Gallagher	
4th Jan	Chloe Brown	Yr. 6
10th Jan	Thomas Martin	Yr. 8
11th Jan	Lily Ackland-Lowe	Yr. 9
14th Jan	Hayley Cox	Yr. 12
15th Jan	Sally Brougham	Yr. 1
17th Jan	Linden Ewin	
19th Jan	Jordyn Jenkins	Yr. 1

Wishing you a wonderful day

From the staff of Dunedoo Central School, we wish you all a very Merry Christmas and look forward to sharing our news with you in 2020.





with Miss Besgrove

BORROWING HAS FINISHED FOR 2019. PLEASE KEEP RETURNING LIBRARY BOOKS, TEXTBOOKS AND ANY SCHOOL RESOURCES YOU MIGHT HAVE.

PRIMARY STUDENTS ARE BRINGING HOME A SMALL SURVEY FOR PARENTS TO COMPLETE. THE CLASS WITH THE MOST RETURNS WILL WIN ICY POLES FOR THEIR CLASS. PLEASE RETURN THESE ASAP

## 2020 PRIMARY SCHOOL CAPIANS





Congratulations to our 2020 Primary School Captains, Shelley Cox & William Kline.

We thank our outgoing Primary Captains, Maddison Godfrey & Luke Redding and wish them well in year 7 next year.

Shelley & Will are wonderful ambassadors for our school and will do DCS proud.



# Infants & Primary ASSISTANT PRINCIPAL



As the 2019 school year unwinds this week we will look back at the many opportunities that we have all embraced throughout the year. Sporting endeavours, wellbeing and embracing diversity activities, academic challenges including public speaking, writing competitions, spelling bee and external assessments have all been accepted and students have excelled and grown.

Kindergarten have been an outstanding group this year and need to be congratulated for their first year at school. You are all definitely ready for Year One.

I'd like to wish everyone a safe and happy holiday and I am looking forward to an exciting 2020 with you all.

Have a wonderful week.

Ms. Michelle Gavin

Assistant Principal Infants

The school is buzzing with excitement as we enter the final days of the year, and this week it's all about Christmas! We have a range of crafts and fun activities to help a tired team of students (and staff) keep occupied and happy. SRC have their day out in Dubbo today, and class parties are on tomorrow at 12:20 for Primary. On Wednesday students will discover their 2020 classes and teacher, while Year 6 have important roles to play across K-5.

A big congratulations to all those who received awards at last week's Annual

A big congratulations to all those who received awards at last week's Annual Award Night—you have worked hard and deserve your recognition. Thank you to all visitors who supported this event, and acknowledged the hard work and achievements of our students. *It takes a village to raise a child,* and your support is a vital part of raising good citizens who will contribute productively to society.

Congratulations Will Kline, Shelley Cox, Hughie Hogden and Chelsea Gallagher for being elected as SRC representatives for 2020. These students have big shoes to fill, as Maddison Godfrey, Luke Redding, Shelley Cox and Fletcher Hogden performed their roles throughout 2019 extremely well, and were wonderful ambassadors for our school. Will and Shelley had their first 'taster' of Captain duties as they performed the MC role for the Year 6 Graduation Assembly last Friday. We wish Year 6 all the best as they head off to high school next year.

Have a happy, safe Christmas break and I wish you all the best for the New Year.

Mrs. Georgia Shephard
Assistant Principal Primary



## a Letter to all Students

To those who did not get up on stage for an award last Tuesday, we'd like you to know that your achievements have been just as exceptional, and we are equally proud of you also.

Some of you have grown in confidence and courage, improved your bookwork, made better choices for work and behaviour, learned to ask for help when needed, assisted with jobs around the school without being asked, or performed random acts of kindness just because it was the right thing to do. Some of you have learned to cooperate more positively with others, or set learning goals and worked hard to achieve them, and some of you have shown great kindness and caring for our school and students. Some of you have helped with extra school activities such as Breakfast Club, working bees, discos and special events we have held throughout the year. All of you have achieved something that you should be proud of, just as your teachers and SLSO's are proud of you for doing so.

Regards

Ms. Gavin & Mrs. Shephard

## What's happening this week Kinder to Year 6

Hello all. Welcome to the last few days of the school year. It promises to be fun with plenty of exciting things on offer.

Students will bring home their books, including their portfolios, tomorrow.

The Intensive Swimming Program was a huge success. The mini Carnival last Friday went really well and the improvement in swimming ability was amazing. A big thank you to Sharon Nott, Debbie Craggs and our Year 9/10 students who helped instruct our little ones. I strongly encourage everyone to practice what they have learnt over Summer.

Infants will be having an end of year party tomorrow in the hall. Students have been asked to bring a plate of food to share and the teachers will be bringing the drinks. Also: please don't forget the disco is on tomorrow night from 6.30pm.

Thanks to all the reader mums who have tirelessly given up their time every week to listen to the students read: Hayley F, Jen M, Annie J, Emma R, Lynn J and Tania R. The children loved having you visit each week and I appreciate the massive time commitment you have given to help our reading program.

Lastly, I would like to wish everyone a happy holiday and safe travels. I look forward to seeing you in 2020! Have a great week!

## Mr. Ben Kline - Classroom Teacher

YEAR1/2: The final message for 2019 from 1-2 and I'd like to take the opportunity to thank the reading parents that have

helped this year: Nicole, Natasha, Kristen, Cheryl and Raelene.

Please keep reading for enjoyment over the holidays - the power of the written word can take us to places in our imagination that bring joy! Congratulations to each and every student in 1-2. It has been a pleasure to see you grow and learn this year and we have made many memories.

Keep challenging yourself and keep embracing every opportunity to learn something new each day.

Stay safe and be kind to your family and friends over the holidays.

Love Ms. Gavin.

## Ms. Michelle Gavin - Classroom Teacher

YEAR 3-4-5 S: Well, we made it! Here we are at the tired but fun end of the school year. I personally feel the 3/4/5

class structure has been a great success, and it has been an absolute pleasure to work with this particular group of unique, thoughtful, hardworking and above all, caring individuals. They are funny, creative, committed, and a little weird, but I've truly enjoyed being their teacher this year. We have been so lucky to have Nola's help throughout the year as well, and together we are a great team. We will celebrate with class parties tomorrow, and all students have elected to bring something to contribute. Enjoy your Christmas holiday break.

## Mrs. Georgia Shephard - Classroom Teacher

YEAR 6: Hello and welcome to Week 10 of Term 4 - there are only 2 more school days left for students in 2019, that being

Tuesday and Wednesday! Congratulations to students who received awards at last Tuesday's Award Night. This is recognition of the effort and dedication you have put into school this year! Also a big thank you to all Year 6 students who organised and ran the Bike Safety Day for students in K-5 last Wednesday. Everyone looked like they were enjoying themselves... teachers included! Congratulations also to Year 6 students on their Graduation from Primary School! I hope you all had a great day last Friday! I'm definitely sure that you are all ready for High School. Stay tuned to the *DCS Facebook Page* for all important 2020 Back to School information! **P.S** – The Year 6 Disco is on this Tuesday night in the School Hall starting at 6:30pm. As it is their last Primary Disco, students in Year 6 have been invited to stay and join in the Secondary Disco which finishes at 10:15pm. Year 6 students must not leave the School Hall until a parent/guardian comes to pick them up. **P.P.S** – The Year 6 Class Party is scheduled for this Tuesday during Period 4 at 12:20pm and follows into lunch time. Students will be notified today on what items to bring for their party so we don't have a double up of the same drinks and food. Have a great final week everyone and be safe during the summer holiday period! I look forward to seeing you all again in 2020! Cheers!

## Mr. Adam Honeysett - Classroom Teacher

# Secondary News CARERS with Mrs. Fergusson



Hi I am Jade Cowell. I have been working with Fletchers completing Cert III Meat Processing. I have been there since the start of this year. I complete this program on Thursdays during school terms. I have also worked with them during school holidays.

I have learnt how to bone shoulders and legs, boxed and packed meat, learnt the importance of hygiene, learnt responsibility for my own equipment and, learnt that work is similar to school however the day is very different.

Through the SBAT program I have learned the following employability skills:

- Work Independently
- Manage stress and conflict
- Listen and understand
- Be willing to learn
- Get on well with others

I would like to take this opportunity to thank Fletchers International Exports for providing me with this experience and Brendan for taking me over.

I have really enjoyed working at Fletchers.



My names Tyrone and I'm currently in year 11 and I have been participating in an S.B.A.T. at Fletchers International. I attended work every Wednesday and Friday, and have:

- Packaged meat
- Trimmed the fat from the meat
- Learnt to have a consistent routine
- Learnt to sharpen knifes
- Developed a sense of responsibility

Through the time that I was attending the S.B.A.T I have learnt the following employability skills:

- Work with a variety of people
- Discuss goals with others
- Be willing to work with a team
- Use time and resources wisely

I would like to take this opportunity to thank Roger and his Staff for allowing me to work for their company and give me the experience I have had. I really enjoyed the work that I was doing and I would consider doing it in the future.



Hi I am Roy Watton. I have been working with Carlos Watton completing Cert III Spray Painting. I have been with him since the start of the year. I complete my work on Thursdays during school terms. I attended TAFE in Dubbo and have done 6 one week block.

Tasks I complete at work include:

Paint vehicle parts

Sand vehicle parts

Repair vehicle parts

Throughout this year of my School Based Apprenticeship I have learnt these skills:

Listen and understand

Work with others cooperatively

Take responsible risks

Make decisions

Learnt new IT skills

I would like to take this opportunity to thank Carlos for providing this experience. Next year in 2020 I'm completing Year 11 via path ways, three days at school and two days at work. The SBAT has given me the opportunity to do something I like.

## Dunedoo Central School Books & Equipment Checklist

	YEAR 7
SUBJECT	EQUIPMENT
English	196 page A4 book + display folder
Mathematics	2 x 128 page A4 book + display folder
Science	2 x 128 page A4 book + display folder
PDHPE	128 page A4 book
Geography	128 page A4 book
History	128 page A4 book + display folder
Technology (TAS)	Display folder
Music	48 page A4 book
LOTE	2 x 96 page A4 book

YEAR 8		
SUBJECT	EQUIPMENT	
English	180 page A4 book + display folder	
Mathematics	3 x 96 page A4 book + display	
	folder	
Science	96 page A4 book	
PDHPE	96 page A4 book	
Geography	128 page A4 book	
History	128 page A4 book + display folder	
Technology (TAS)	Display folder	
Art	Art book @ school \$5	
Radio	64 page A4 book + folder	

YEAR 9			
SUBJECT	EQUIPMENT		
English	180 page A4 book + display folder		
Mathematics	3 x 96 page A4 book + display folder		
Science	96 page A4 book		
PDHPE	96 page A4 book		
Geography	128 page A4 book		
History	128 page A4 book + display folder		
Music	48 page A4 book + display folder		
Food Technology	96 page A4 book + display folder		
Design / Graphic Technology	200 page Black page book + display folder		
Agriculture	96 page A4 book + display folder		
Textiles	96 page A4 book + display folder		
(Technology)			
PASS	96 page A4 book + display folder		

YEAR 10		
SUBJECT	EQUIPMENT	
English	180 page A4 book + display folder	
Mathematics	3 x 96 page A4 book + display	
7 1 1 2 1 1 1	folder	
Science	96 page A4 book	
PDHPE	96 page A4 book	
Geography	128 page A4 book	
History	128 page A4 book + display folder	
Food Technology	96 page A4 book + display folder	
(Elective)	11	
Industrial	200 page Blank Page book +	
Technology	display folder	
(Elective)		
Agriculture	96 page A4 book + display folder	
(Elective)		
Music (Elective)	48 page A4 book + display folder	
Work Education	48 page A4 book and laptop all	
	lessons.	

YEAR 11 (Preliminary)		
SUBJECT	EQUIPMENT	
English (Adv & Std)	128 page A4 book + display folder	
Mathematics	3 x 96 page A4 book + display folder	
Primary Industries	64 page A4 book + display folder	
CAFS	96 page A4 book	
Food Technology	96 page A4 book	
Design &	200 page Blank Page Drawing book +	
Technology	display folder	
Agriculture	128 page A4 book + display folder	
Metals &		
Engineering		
Biology	96 page A4 book + display folder	
Physics	128 page A4 book + display folder	
Hospitality	96 page A4 book + display folder	
Modern History	128 page A4 book	
PDHPE	128 page A4 book	
Chemistry	96 page A4 book + display folder	

STANDARD EQUIPMENT		
Pens (blue, black & red)		
Colouring pencils		
Pencil case		
Lead pencil		
Ruler		
Eraser		
Casio Scientific Calculator		
- FX82AU PLUS II <u>or</u>		
- FX100AU PLUS II		
These come on sale for around \$25		
in the BACK TO SCHOOL SPECIALS		
Glue		
USB (thumb drive)		
Scissors		
Highlighters		





**AGM** 

Monday 16th December 6:30pm

In the Sports Club.

We hope to see you there!



## GIRLS RUGBY 7'S

Dubbo Junior Rugby Club invites all girls aged in the U13's, U15's, U17's to join a Friday Night Rugby 7's Competition.

- 14 Week competition and training
- Registration Cost \$100 Includes training shirt, shorts and socks (Active Kids Voucher Accepted)
- Registration opens 1st February 2020
- Merchandise/welcome days Friday 7th & 14th February at Golden West Holden 4.30-6pm

For any inquiries please contact Rachel Williams - thomasandrachel@bigpond.com



## Christmas



## **Saturday 21st December**

## From 5pm

Due to the extreme heat forecast for Saturday, we will be having a



at our Christmas Carnival

Don't forget your towel and swimmers



Christmas Carols

Leadville Hall

7.30 pm, Sunday 22 December

Comel enjoy the magic Gromance of

Garols by Candlelight



7pm Pro Barols - Drinks and Fruit for the Children



# **Talent?**

We are seeking your business to enter the Talent Quest at our annual

**Lions Christmas Carnival** 

Entries may be Singing/Dance/Drama

Saturday 21st December 7:00pm

at the Dunedoo Sports Club

Prize money:

1st Place \$100, 2nd Place \$50

Entries due by Monday 16th December

RSVP. Donna Lane/Todd Gallagher











## 2020 Lloyd McDermott Rugby Junior Ella 7's

You are invited to the first ever Ella Junior 7's at Apex Oval,
Dubbo

Primary Schools will play on Thursday 5th March (Under 12's)

High Schools will play on Friday 6th March (years7/8, 9/10 and 11/12)

9.30am for 10am start finish 2.30pm.
Schools are to supply own transport and must have teacher supervision.

Free entry for all schools, Lunch will be supplied.

Teams to have 50% Indigenous representation.

Prizemoney: \$500 will be given to the winning Boy's and Girl's School

With the success of the Open's event, which has been staged for 12 years, we are now hoping to attract the next generation of 7's stars!

Teams will play on the International Apex Oval, Dubbo which has hosted some of the best local and overseas sports stars.

To register, or for further enquiries contact:

Rod.willey@rugby.com.au



